## Lesson

## God Uses Moses to Defeat the Amalekites

Preschool

Exodus 17:8-16

## **OPENING**



Allow 5 minutes

- Welcome each child, and help children get acquainted in your group.
- Ask what kids remember about today's large-group lesson.
- Let kids share news or prayer requests, and pray with them.

Say: Moses relied on God to protect him and the Israelites. Tell a friend about someone who keeps you safe and protects you. Allow time.

■ The Point ▶

We rely on God to protect us.



Key Verse

"My help comes from the Lord." —Psalm 121:2

## **Protection Time!**

YOU'LL NEED

3 sheets of paper

#### 1. CRUMPLE

Have three kids help you crumple the three sheets of paper into little



#### 2. ASSIGN

Pick one person to be the first Thrower. Pick another child to be the first Safe Kid. Have the rest of the group (the Protectors) stand between these two kids. Say: We rely on lots of people and things to keep us safe. Today, each Safe Kid will have to rely on the rest of us to keep him or her safe from the paper balls.



Have the Thrower try to hit the Safe Kid with the three paper wads. The Protectors work together to block and protect the Safe Kid from getting hit. Then swap roles so other kids get to be Throwers and Safe Kids.



#### 4. DISCUSS

- What was it like to be a Safe Kid?
- · What was it like to be a Protector?
- When do you need God to be your protector?

#### 5. MAKE THE CONNECTION

Say: Just as you protected the Safe Kid in this game, lots of people protect you. God sends parents, teachers, friends, and others to help protect you. ▶ We rely on God to protect us.

## Memory Maker

## Allow 10 minutes

#### YOU'LL NEED Bible Memory Makers®

#### 1. TELL

Give each child a Bible Memory Maker Maze Puzzle. Read the Key Verse from one of the puzzles to the kids: "My help comes from the Lord" (Psalm 121:2). Have kids set their puzzles on the floor and try to complete the maze by telling the ball where to go—no hands allowed.

#### 2. HELP

Say: That doesn't seem to be helping your ball get through the maze. Try again, and this time do whatever you can to help your ball cross the maze. Allow time.

#### 3. DISCUSS

- Why did your ball need help to move in the puzzle?
- What are some things you need help with?
- How could God help you with those things?

#### 4. MAKE THE CONNECTION

Say: God helps us the way we helped the ball get across the puzzle. He knows what we need and how to help us. God also helps us by protecting us. That's why ▶we rely on God to protect us.

#### 5. SEND HOME

Have children take home their Maze Puzzles.



## Living Inside Out Every Day!



Allow 5 minutes



#### DISTRIBUTE

Give a copy of today's "Living Inside Out Every Day!" handout to each child. Say: This paper has ideas for how you can live inside out this week. Let's choose our Live It Challenges.



## LIVE IT CHALLENGES

Read the Live It Challenges aloud. Help children circle the one they'll do this week.



# CONNECTION Say: Moses relied on God by raising his arms, and we can rely on God to help us and keep us safe. This week,

MAKE THE

remember that

▶ we rely on God
to protect us.



#### PRAY

Pray: Thank you, God, that we can trust you and rely on you. We know you're powerful and that you can protect us. In Jesus' name, amen.





## **Living Inside Out Every Day!**

Preschool Exodus 17:8-16

## The Inside Truth

Your child learned that as long as Moses lifted his arms up to God during the battle with the Amalekites, the Israelites kept winning. If he lowered his arms, the Israelites would start losing. By raising his arms, Moses showed his reliance on God to keep his people safe. He showed us that we can rely on God to protect us.

### Do You Remember?

Talk about these questions with your child:

- Tell about something that scares you.
- · What can God do to help you when that scary thing happens?



■ The Point ▶

We rely on God to protect us.



"My help comes from the Lord."
—Psalm 121:2

## Live It Challenges

## Choose a Challenge!

Your child chose the marked challenge for the week. Help your child remember to follow through and live out his or her faith.

#### CHALLENGE 1

Put on something designed to protect you, such as a bike helmet or elbow pads. When someone asks you why you're wearing the item, share with that person how you rely on God to protect you the way that item does.

#### CHALLENGE 2

Draw a picture or have someone help you write a letter to a person in your local police department. Thank the person for protecting you, and let that person know he or she can rely on God for protection, too. Pray throughout the week for God to protect that person.

#### CHALLENGE 3

Tell a parent about a place you feel protected and safe. Then talk about how you know you can always rely on God to protect you, no matter where you are.



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## Living Inside Out at Home

Parents, choose "Helpless" or "Fort of Protection" to help reinforce what your child learned.

## **Helpless**

- 1. Sit with your family and look at baby pictures.
- **2. Discuss** all the things your kids needed help with as babies.
- **3. Think** about how God teaches us to rely on others from the minute we're born.
- 4. Thank God that we can rely on him to protect us!

#### You'll Need

baby pictures



### Fort of Protection

- **1. Build** a fort with your family using couches, blankets, pillows, and anything else you can find.
- 2. Sit in the fort together, and talk about how a fort can keep you safe, and how that's like or unlike the way God protects us.
- **3. Sing** a worship song or hymn to thank God for protecting your family.

#### You'll Need

household items to build a fort

